

SUGGESTED ITEMS TO BRING

When attending the Apex Camps Sunshine Coast School Holiday Program, please take note of the following.

PLEASE WEAR:

Comfortable clothes, closed in shoes (sneakers) and a hat (not your best ones!). It is also advisable to wear a hair tie if your hair could get in the way. Please <u>do not</u> wear skirts or jewelry.

PLEASE BRING:

Water bottle, sunscreen, insect repellent and a raincoat (if wet weather is expected). If you have not purchased morning tea/lunch, please also remember to bring a high-energy lunch!

FOR WATER/MUD/BEACH RELATED ACTIVITIES, PLEASE ALSO BRING: Bathers, towel, plastic bag and a change of clothes. For the mud pit challenge course, SUP boarding, raft building and canoeing, please also bring an extra pair of old sneakers or water shoes.

PLEASE **DO NOT BRING** MOBILE PHONES OR ELECTRONIC DEVICES.

Please note:

All activities run even in wet weather. If the conditions are too poor i.e. lightning, we run an awesome wet weather program with loads of fun, instructor-led indoor games and activities such as indoor archery or catapults, slime or kite making, our very popular 'minute to win it' or 'night Olympics' games, fencing, giant Yahtzee, table tennis and more - the kids often have more fun with these activities than anything else!