



Sunshine Coast Surf Schools

Risk Assessment

Stand Up Paddle Boarding (SUP)

For

Apex Camps

Twin Waters



Activity Title : Learn to Stand Up Paddle Board (SUP)

Location: Twin Waters | Sunshine Coast

Duration: 1.5 hour sessions

Location Assessed By: Leighton Higgo

Date: July 1 2023 – June 30 2024

Brief Outline of Activity:

In accordance with General Service Agreement, Sunshine Coast Surf School to deliver Learn to SUP sessions to groups of students as provided by APEX Camps. SCSS to provide equipment and staff.

		Risk Matrix				
		CONSEQUENCE				
	VLOOKUP	Insignificant	Minor	Moderate	Major	Critical
HLOOKUP		1	2	3	4	5
Almost Certain	1	M(05)	H(10)	H(15)	E(20)	E(25)
Likely	2	M(04)	M(08)	H(12)	H(16)	E(20)
Possible	3	L(03)	M(06)	H(09)	H(12)	H(15)
Unlikely	4	L(02)	L(04)	M(06)	M(08)	H(10)
Rare	5	L(01)	L(02)	M(03)	M(04)	H(05)



Risk Levels		
E	Extreme	
H	High	
M	Medium	
L	Low	
Risk Decision Point		
	Qualified Acceptance with Adequate Controls	
Risk Rank		
Low	Yes	
Medium	Yes	
High	No	
Extreme	No	

Risk Management Plan

Risk Description	CONTROL	Likelihood	Consequence	Risk Level
Drowning	<ul style="list-style-type: none"> Students to be competent and screened for water safety Constant supervision from coaches Students to be attached using leg rope Maintain coach to student ratio 1:8 Coaches to define activity area Students identifiable in coloured rash vest 	Rare	Catastrophic	Moderate



	<ul style="list-style-type: none"> • Students instructed on water safety and assistance procedures • Coaches current in water rescue and CPR • Students required to wear Personal Flotation Devices 			
Slipping/Tripping	<ul style="list-style-type: none"> • Maintain activity in designated area • Area clear of obstruction 	Unlikely	Minor	Low
Fatigue/Cramp/Stress	<ul style="list-style-type: none"> • Students briefed on warm-up for activity • Coaches to monitor fatigue level of students • Water break included in session • Shade time (if possible) 	Unlikely	Minor	Low
Impact of Equipment	<ul style="list-style-type: none"> • Students instructed on board management • Designated activity area • Coaches monitor crowd control • Coaches to instruct on evasive measures • Soft and Inflatable SUPS provided • Adjustable paddles 	Possible	Minor	Medium
Rip/Current/Sweep	<ul style="list-style-type: none"> • Coaches to identify water movement prior to lesson • Coaches to instruct students on action plan • Students identified by high visibility rash shirts • Activity conducted close to designated lifeguard area 	Unlikely	Moderate	Medium
Powered Vessels	<ul style="list-style-type: none"> • Activity conducted away from boats/jetskis 	Rare	Moderate	Low
Exposure to elements (causing dehydration, heat stroke, hypothermia)	<ul style="list-style-type: none"> • Weather conditions to be monitored for adverse conditions 	Unlikely	Moderate	Medium



	<ul style="list-style-type: none"> • Students briefed on protective clothing (hats/sunscreen) • Students encourages to bring water bottles • Students monitored for signs of fatigue • Encourage Sun Safe practices 			
Dangerous Weather conditions	<ul style="list-style-type: none"> • Coaches to monitor any changes in weather and tidal conditions • Activity delayed/cancelled if risks increase • Activity modified if required 	Unlikely	Moderate	Medium
Injury or allergic reaction caused by organism (marine life)	<ul style="list-style-type: none"> • Students briefed on potential hazards from marine creatures • Maintain First Aid kit on site • Coaches current in First Aid procedures • Communication equipment on site (mobile phones) • Activity modified if required 	Rare	Moderate	Low
Contact with hazards (natural or man made)	<ul style="list-style-type: none"> • Students briefed on possible hazards • Injuries treated to reduce infection • Activity conducted in hazard free area • Students to remain in identified boundaries 	Possible	Minor	Moderate

Completed By: **Leighton Higgs | Director | Sunshine Coast Surf Schools**

Date: 5 July 2023